### North Bullitt High School 3200 East Hebron Lane Shepherdsville, KY 40165 (502) 869-6200

## PE I

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#### **School Mission Statement**

The mission of North Bullitt High School is to provide a strong academic and social foundation, within a safe and nurturing environment, whereby all students can achieve their maximum potential and become responsible productive members of society.

#### **Course Description**

- (Introduction to P.E.) This course is the basic secondary physical education course required of all pupils. Activities will include a mixture of team and individual activities selected according to the individual needs of the students. A variety of activities will be introduced stressing the development of basic sports skills, fitness, and positive attitudes toward physical activity.

- Accommodations for students with special needs will be strictly followed in accordance with the special education department's recommendations as well as the information in the student's IEP per board policy. If there is a medical need that a student may need accommodations for (i.e. diabetes, asthma, etc.), we ask that the parent/guardian, doctor, or student make the instructor aware of these immediately.
- Methods of instruction may include but not be limited to: lecture, class discussion, peer teaching, modeling/demonstration, hands-on activities, group work, guest speakers, and instructional technology (internet, DVD, etc.)

#### I. Grading

-You will start with 10 points every day. 2 points will be taken away if you do not abide by each of the following: starting warm up on time, dressing out, attitude, effort, inappropriate language.

#### DRESSING OUT

-No tank tops, "short shorts," and NO JEANS.

-Students must wear some sort of athletic shoe (tennis shoe, running shoe, basketball shoe, etc.) No boots, dress shoes, flip-flops, sandals or slides may be worn in class.

-Students are encouraged to wear socks at all times during PE.

-I strongly encourage you to change your clothes for PE because you will sweat in this class!

- If you forget appropriate clothes, you may still participate for partial credit. If this becomes a constant problem, a parent will be notified and other consequences may occur. YOU MAY NOT PARTICIPATE IN MOST ACTIVITIES IF YOU DO NOT HAVE THE CORRECT SHOES ON.

-Contact Youth Service Center (next to the library entrance), if you may need assistance in obtaining clothes/ shoes to dress out properly for PE.

#### **PARTICIPATION**

-PE is an activity class, and you are expected to actively participate. Quizzes and some written work will also be required. -If you do not participate for the day, or you do not have proper shoes, you will be required to walk for the period for partial credit (3 points).

-After sitting out 3 times and taking a zero, you will be given a written referral for each day you take a zero.

-A parent or doctor's note must be provided in order to earn the full 10 points for the alternate assignment. A doctor's note will be required if you cannot participate for 3 or more days. You must also bring in a release from the doctor if the doctor orders you to sit out for any period of time.

-An average of daily grades, quizzes, tests, writing pieces, and a final will determine your daily grade.

#### **ATTENDANCE**

-If you are absent from school you will not receive credit for that day, but it will also not hurt your grade. Because this is primarily a participation class, you will not receive credit when you are not here. \*You will be responsible for completing the assignment posted in the classroom for each day you are absent exceeding 5 days. See the google classroom for more details.

	Grading Scale			
A 100-90	B 89-80	C 79-70	D 69-60	E 59 and below

## **II. Class Procedure**

-Students are to be on their attendance spot when the tardy bell rings.

-Students will immediately stand in their spots so I can take roll, then they will go to the locker room to change, and be back on your spot in 5 minutes to begin class. (If you are late, 2 points will be deducted from your participation grade.)

-Class will begin with a warm up, set of dynamic stretches, and a brief introduction explaining the activities for the day and relaying any information I may need to give to you.

-After daily activities are complete, you will have time to go to the locker room to clean up and change clothes.

# \*Lock up all valuable items in a locker, or give valuables to the teacher to lock up in the office. People do steal so do not leave valuables out.

## III. Locker Room and Gym Expectations-All classroom/school rules apply.

-No use of tobacco products or other illegal substances in the locker room or gym.

-No food, gum, candy, or drinks in the gym. You may bring bottled water to drink during class.

-Under no circumstances will poor sportsmanship be tolerated at any time during PE class. The instructor reserves the right to do whatever necessary to make sure this rule is strictly adhered to. (EX. Loss of participation points, phone call home, referral, etc.)

## -ABSOLUTELY NO ELECTRONIC DEVICES ARE TO BE USED DURING CLASS! (Unless given permission by the teacher.)

## **Classroom Expectations**

- 1. Follow directions
- 2. Be prepared for class
- 3. Respect your fellow classmates, teachers, PE equipment, school property, and other people's property.
- 4. Keep a positive attitude and show good sportsmanship.
- 5. Give your best effort

## **Discipline Policy is as follows**

- 1<sup>st</sup> warning Student/Teacher conference during/after class
- 2<sup>nd</sup> warning Parent/Guardian will be contacted
- 3<sup>rd</sup> warning Referral to principal

#### **Homework and Exams**

- Students are expected to do their own work. Check your student handbook for North Bullitt's plagiarism policy.

#### IV. Tips for Success in this Class

-Dress out and participate.

- Give your best at all times!

-Ask questions if you don't understand something.

-Be an active listener.

-The theme of this class is teamwork. Respect yourself, respect your teacher, and respect your classmates. Negativity is not welcome in this class. Positive actions and thoughts bring positive results.

## V. NTI DAYS EXPECTATIONS

- Students are expected to log-into google classroom every NTI Day. Assignments will be posted no later than 8am and will have a due of posted on the assignment.
- Students are expected to have their notifications turned ON in google classroom so they get emails when an assignment is posted, announcement is made, etc.
- Students are expected to complete assignments by the due date. If you cannot for some reason, you need to email me explaining why th assignment is late.

Any questions or concerns should be directed to Mr. Minnis. For further assistance, contact the freshman principal, counselor, head principal, or board of education in that order.